# 2024 Pharmacy Guide

Most prescribed medications in workers' compensation

MyMatrixx by evernorth

Brand to Generic Reference Guide Included

# Introduction

This guide provides information on some of the most prescribed medications in workers' compensation. The intent is to provide a resource for claims professionals that allows easy access to information regarding indications and generic availability, which is subject to change.

Medications are organized by an overall general therapeutic category and then a more specific group within the category. Within each group, medications are listed by generic name. This is modified from the industry standard of listing the brand version first to better reflect that most drugs dispensed are now generic. Also included are brand name examples, generic availability and possible therapeutic uses of each medication.

Therapeutic use includes both labeled and off-label use but is not exhaustive. Some medications are listed as a One Drug Review candidate. This recommendation may change upon further review of an individual medication regimen.

The MyMatrixx<sup>®</sup> by Evernorth clinical team is available to answer questions related to a patient's medication regimen. In some instances, a recommendation may be made to conduct a One Drug Review or a more comprehensive Clinical and Safety Evaluation (CASE Rx)<sup>®</sup>. Both MyMatrixx programs include outreach to the prescriber to discuss the use of alternative medications and they may incur a charge.

This guide is not intended and should not be used or relied upon for the purposes of prescribing or using a product. Inclusion of a specific medication does not indicate its preference as a treatment option, it is solely for reference purposes. The trademarks and other product names listed in this guide are the property of their respective companies.

The MyMatrixx clinical team is available to answer questions related to a patient's medication regimen. Contact them at <u>clinical@mymatrixx.com</u>.



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# Medications by general therapeutic categories

## **Anti-inflammatories & analgesics**

Pain medications and anti-inflammatories are some of the most common medications utilized in workers' compensation. This category includes corticosteroids, non-steroidal anti-inflammatory drugs (NSAIDs), opioids, topical analgesics/ anesthetics and migraine products.

#### **Corticosteroids**

GENERIC NAME	BRAND EXAMPLE(S)	GENERIC AVAILABLE	THERAPEUTIC USE	ONE DRUG REVIEW
Methylprednisolone	Medrol®	Yes	Inflammation	No
Prednisone	Deltasone, Rayos®	Yes (for Deltasone)	Inflammation	No

#### **Migraine products**

GENERIC NAME	BRAND EXAMPLE(S)	GENERIC AVAILABLE	THERAPEUTIC USE	ONE DRUG REVIEW
Atogepant	Qulipta <sup>®</sup>	No	Headaches	No
Erenumab-aooe	Aimovig®	No	Headaches	No
Galcanezumab-gnlm	Emgality®	No	Headaches	No
Rimegepant Sulfate	Nurtec®	No	Headaches	No
Sumatriptan Succinate	Imitrex, Onzetra®, Zembrace®	Yes	Headaches	Yes (for Onzetra and Zembrace)
Ubrogepant	Ubrelvy®	No	Headaches	No

#### NSAIDs & non-narcotic analgesics

GENERIC NAME	BRAND EXAMPLE(S)	GENERIC AVAILABLE	THERAPEUTIC USE	ONE DRUG REVIEW
Acetaminophen	Tylenol®	Yes	Pain management	No
Aspirin	Aspirin	Yes	Pain management	No
Celecoxib	Celebrex®	Yes	Pain management	No
Diclofenac Potassium	Cataflam®, Lofena®, Zipsor®, Cambia®	Yes	Pain management	Yes (for Zipsor and Cambia)
Diclofenac Sodium	Voltaren <sup>®</sup> -XR	Yes	Pain management	No
Etodolac	Lodine™	Yes	Pain management	No
lbuprofen	Motrin <sup>®</sup> , Advil <sup>®</sup>	Yes	Pain management	No
Ketorolac Tromethamine	Toradol®	Yes	Pain management	No
Meloxicam	Mobic <sup>®</sup> , Vivlodex	Yes	Pain management	Yes (for Vivlodex)
Nabumetone	Relafen®	Yes	Pain management	No
Naproxen	Aleve <sup>®</sup> , Naprosyn <sup>®</sup> , Naprelan <sup>®</sup>	Yes	Pain management	Yes (for Naprelan)

## Opioids

GENERIC NAME	BRAND EXAMPLE(S)	GENERIC AVAILABLE	THERAPEUTIC USE	ONE DRUG REVIEW
Acetaminophen w/ Codeine	Tylenol w/ Codeine	Yes	Pain management	No
Buprenorphine	Butrans <sup>®</sup> , Belbuca <sup>®</sup>	Yes (for Butrans)	Pain management	No
Fentanyl	Duragesic®	Yes	Pain management	No
Hydrocodone- Acetaminophen	Norco <sup>®</sup> , Vicodin <sup>®</sup>	Yes	Pain management	No
Hydromorphone HCI	Dilaudid <sup>®</sup> , Exalgo <sup>®</sup>	Yes	Pain management	No
Methadone HCI	Dolophine®, Methadose®	Yes	Pain management	No
Morphine Sulfate	MS IR, MS Contin <sup>®</sup>	Yes	Pain management	No
Oxycodone	OxyContin®, Xtampza®, Roxicodone®	Yes (for Roxicodone)	Pain management	No
Oxycodone w/ Acetaminophen	Percocet®	Yes	Pain management	No
Tapentadol HCI	Nucynta <sup>®</sup> , Nucynta ER	No	Pain management	No
Tramadol HCI	Ultram®	Yes	Pain management	No

## **Opioid antidotes**

GENERIC NAME	BRAND EXAMPLE(S)	GENERIC AVAILABLE	THERAPEUTIC USE	ONE DRUG REVIEW
Naloxone HCI	Narcan <sup>®</sup> , Kloxxado <sup>®</sup> , Zimhi <sup>®</sup>	Yes (for Narcan)	Opioid overdose	No

Topical analgesics/anesthetics					
GENERIC NAME	BRAND EXAMPLE(S)	GENERIC AVAILABLE	THERAPEUTIC USE	ONE DRUG REVIEW	
Diclofenac Epolamine	Flector®	No	Topical pain management	No	
Diclofenac Sodium	Voltaren <sup>®</sup> Gel, Pennsaid <sup>®</sup> , Solaraze <sup>®</sup>	Yes	Topical pain management	Yes (for Pennsaid and Solaraze)	
Lidocaine	Lidoderm <sup>®</sup> , ZTlido <sup>®</sup> , Aspercreme <sup>®</sup>	Yes (for Lidoderm)	Topical pain management	Yes (for 5% patch)	
Various Combinations (may include lidocaine, capsaicin, menthol, camphor, methyl salicylate, and/or others)	Biofreeze®, Tiger Balm®, LidoPro, Terocin, New Terocin, Icy Hot®, Bengay®, Lidothol, Diclona	Yes	Topical pain management	Yes	

## **Neuromuscular medications**

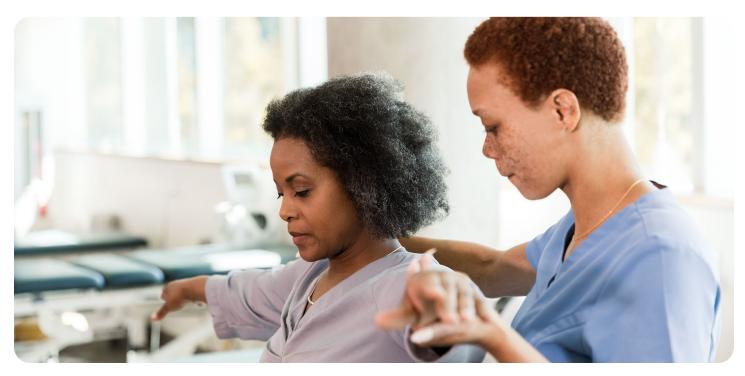
This category includes anticonvulsants and skeletal muscle relaxants. Anticonvulsants are used for various seizure disorders but may often be used to manage neuropathic pain. Skeletal muscle relaxants are used to treat muscle spasms and spasticity.

#### Anticonvulsants

GENERIC NAME	BRAND EXAMPLE(S)	GENERIC AVAILABLE	THERAPEUTIC USE	ONE DRUG REVIEW
Clonazepam	Klonopin®	Yes	Anxiety; seizure disorders	No
Gabapentin	Neurontin <sup>®</sup> , Gralise <sup>®</sup>	Yes	Neuropathic pain	No
Pregabalin	Lyrica <sup>®</sup> , Lyrica CR	Yes	Neuropathic pain	Yes
Topiramate	Topamax®, Qudexy®, Trokendi	Yes	Seizure disorders; headaches; neuropathic pain	No

#### Skeletal muscle relaxants

GENERIC NAME	BRAND EXAMPLE(S)	GENERIC AVAILABLE	THERAPEUTIC USE	ONE DRUG REVIEW
Baclofen	Fleqsuvy®, Lyvispah®, Ozobax® DS	Yes	Muscle spasms	No
Carisoprodol	Soma®	Yes	Muscle spasms	No
Cyclobenzaprine HCI	Flexeril, Fexmid®, Amrix®	Yes	Muscle spasms	Yes (for Amrix and 7.5 mg tablet)
Metaxalone	Skelaxin®	Yes	Muscle spasms	No
Methocarbamol	Robaxin®	Yes	Muscle spasms	No
Tizanidine HCI	Zanaflex®	Yes	Muscle spasms	No



## **Psychotherapeutic medications**

These medications are used to treat various psychological conditions including anxiety, depression and insomnia. Several antidepressants may also be utilized in the management of chronic or neuropathic pain.

#### Antianxiety agents

GENERIC NAME	BRAND EXAMPLE(S)	GENERIC AVAILABLE	THERAPEUTIC USE	ONE DRUG REVIEW
Alprazolam	Xanax <sup>®</sup> , Xanax XR <sup>®</sup>	Yes	Anxiety	No
Buspirone HCI	BuSpar™	Yes	Anxiety	No
Diazepam	Valium®	Yes	Anxiety	No
Lorazepam	Ativan <sup>®</sup> , Loreev XR <sup>®</sup>	Yes (for Ativan)	Anxiety	No
Hydroxyzine	Vistaril®	Yes	Anxiety	No

#### Antidepressants

GENERIC NAME	BRAND EXAMPLE(S)	GENERIC AVAILABLE	THERAPEUTIC USE	ONE DRUG REVIEW
Amitriptyline HCI	Elavil®	Yes	Depression; neuropathic pain	No
Bupropion HCI	Wellbutrin <sup>®</sup> , Forfivo <sup>®</sup>	Yes (for Wellbutrin)	Depression	No
Duloxetine HCI	Cymbalta <sup>®</sup>	Yes	Depression; chronic pain	Yes
Escitalopram Oxalate	Lexapro®	Yes	Depression	No
Fluoxetine HCI	Prozac®	Yes	Depression	No
Nortriptyline HCI	Pamelor	Yes	Depression; neuropathic pain	No
Sertraline HCI	Zoloft®	Yes	Depression	No
Trazodone HCI	Desyrel®	Yes	Depression; insomnia	No
Venlafaxine HCI	Effexor™	Yes	Depression; neuropathic pain	No

Antipsychotics				
GENERIC NAME	BRAND EXAMPLE(S)	GENERIC AVAILABLE	THERAPEUTIC USE	ONE DRUG REVIEW
Aripiprazole	Abilify®	Yes	Depression; schizophrenia	Yes
Quetiapine Fumarate	Seroquel <sup>®</sup> , Seroquel XR <sup>®</sup>	Yes	Depression; schizophrenia	No
Sleep aids				

GENERIC NAME	BRAND EXAMPLE(S)	GENERIC AVAILABLE	THERAPEUTIC USE	ONE DRUG REVIEW
Eszopiclone	Lunesta®	Yes	Insomnia	No
Zolpidem Tartrate	Ambien <sup>®</sup> , Ambien CR <sup>®</sup>	Yes	Insomnia	No

## **Cardiovascular & respiratory medications**

These medications may be used for a variety of conditions affecting the cardiovascular, respiratory and circulatory systems. This would include hypertension, high cholesterol, asthma, obstructive lung disease and others. Medications from this class are more likely to be related to certain presumptive claims.

#### Antiasthmatics & bronchodilators

GENERIC NAME	BRAND EXAMPLE(S)	GENERIC AVAILABLE	THERAPEUTIC USE	ONE DRUG REVIEW
Albuterol Sulfate	Ventolin <sup>®</sup> , ProAir <sup>®</sup> , Proventil <sup>®</sup>	Yes (for ProAir and Proventil)	Asthma and COPD	No
Budesonide-Formoterol Fumarate Dihydrate	Symbicort®, Breyna™	Yes	Asthma and COPD	No
Fluticasone-Salmeterol	Advair <sup>®</sup> , Wixela Inhub <sup>®</sup> , AirDuo <sup>®</sup>	Yes (for Advair Diskus)	Asthma and COPD	No
Ipratropium-Albuterol	Combivent®	No	Asthma and COPD	No
Montelukast Sodium	Singulair®	Yes	Asthma and COPD	No
Tiotropium Bromide Monohydrate	Spiriva®	Yes	Asthma and COPD	No

#### **Anticoagulants** GENERIC NAME BRAND EXAMPLE(S) GENERIC AVAILABLE THERAPEUTIC USE ONE DRUG REVIEW Apixaban Eliquis® No Postoperative No prophylaxis for blood clots Rivaroxaban Xarelto® No Postoperative No prophylaxis for blood clots

Antihyperlipidemic	S			
GENERIC NAME	BRAND EXAMPLE(S)	GENERIC AVAILABLE	THERAPEUTIC USE	ONE DRUG REVIEW
Atorvastatin Calcium	Lipitor®	Yes	High cholesterol	No
Evolocumab	Repatha®	No	High cholesterol	No
Rosuvastatin Calcium	Crestor®	Yes	High cholesterol	No

### Antihypertensives

GENERIC NAME	BRAND EXAMPLE(S)	GENERIC AVAILABLE	THERAPEUTIC USE	ONE DRUG REVIEW
Lisinopril	Zestril®	Yes	Various cardiovascular conditions, including high blood pressure	No
Losartan Potassium	Cozaar®	Yes	Various cardiovascular conditions, including high blood pressure	No

Beta blockers				
GENERIC NAME	BRAND EXAMPLE(S)	GENERIC AVAILABLE	THERAPEUTIC USE	ONE DRUG REVIEW
Carvedilol	Coreg®	Yes	Various cardiovascular conditions, including high blood pressure	No
Propranolol HCI	Inderal®	Yes	Various cardiovascular conditions, including high blood pressure	No
Metoprolol	Toprol-XL <sup>®</sup> , Lopressor <sup>®</sup>	Yes	Various cardiovascular conditions, including high blood pressure	No

Calcium channel b	lockers			
GENERIC NAME	BRAND EXAMPLE(S)	GENERIC AVAILABLE	THERAPEUTIC USE	ONE DRUG REVIEW
Amlodipine Besylate	Norvasc®	Yes	Various cardiovascular conditions, including high blood pressure	No

Diuretics				
GENERIC NAME	BRAND EXAMPLE(S)	GENERIC AVAILABLE	THERAPEUTIC USE	ONE DRUG REVIEW
Furosemide	Lasix®	Yes	Various cardiovascular conditions, including high blood pressure	No
Hydrochlorothiazide	Microzide®	Yes	Various cardiovascular conditions, including high blood pressure	No

## **Gastrointestinal medications**

The most common medications in this category treat nausea and vomiting, constipation and stomach ulcers. These are often used to manage or prevent side effects of other common medications used to treat the injury.

Antiemetics				
GENERIC NAME	BRAND EXAMPLE(S)	GENERIC AVAILABLE	THERAPEUTIC USE	ONE DRUG REVIEW
Ondansetron	Zofran®	Yes	Nausea & vomiting	Yes
Laxatives				
GENERIC NAME	BRAND EXAMPLE(S)	GENERIC AVAILABLE	THERAPEUTIC USE	ONE DRUG REVIEW
Docusate Sodium	Colace <sup>®</sup> , Dulcolax <sup>®</sup>	Yes	Constipation	No
Methylnaltrexone Bromide	Relistor®	No	Opioid-induced constipation	Yes
Naloxegol Oxalate	Movantik®	No	Opioid-induced constipation	Yes
Polyethylene Glycol 3350	MiraLAX®	Yes	Constipation	No
Sennosides-Docusate Sodium	Senna S, Senexon-S	Yes	Constipation	No
Ulcer drugs				
GENERIC NAME	BRAND EXAMPLE(S)	GENERIC AVAILABLE	THERAPEUTIC USE	ONE DRUG REVIEW
Esomeprazole Magnesium	Nexium®	Yes	Gastric ulcers; NSAID-induced ulcer prophylaxis	No
Famotidine	Pepcid <sup>®</sup>	Yes	Gastric ulcers; NSAID-induced ulcer prophylaxis	No
Lansoprazole	Prevacid®	Yes	Gastric ulcers; NSAID-induced ulcer prophylaxis	No
Omeprazole	Prilosec®	Yes	Gastric ulcers; NSAID-induced ulcer prophylaxis	No
Pantoprazole Sodium	Protonix®	Yes	Gastric ulcers; NSAID-induced ulcer prophylaxis	No
Rabeprazole Sodium	AcipHex <sup>®</sup>	Yes	Gastric ulcers; NSAID-induced ulcer prophylaxis	No

## **Anti-infectives**

This category is used to manage a variety of infectious diseases that may arise as part of an injury. Antibiotics are used to treat bacterial infections and antivirals treat viral infections. Needle-stick injuries or other exposures to infected blood would warrant treatment for post-exposure prophylaxis with an HIV antiretroviral medication.

Antibiotics				
GENERIC NAME	BRAND EXAMPLE(S)	GENERIC AVAILABLE	THERAPEUTIC USE	ONE DRUG REVIEW
Cephalexin	Keflex®	Yes	Various bacterial infections	No
Sulfamethoxazole- Trimethoprim	Bactrim	Yes	Various bacterial infections	No
Amoxicillin & Potassium Clavulanate	Augmentin®	Yes	Various bacterial infections	No
Antivirals				
GENERIC NAME	BRAND EXAMPLE(S)	GENERIC AVAILABLE	THERAPEUTIC USE	ONE DRUG REVIEW

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Dolutegravir Sodium	Tivicay®	No	Post-exposure prophylaxis (needle-stick injuries)	No
Emtricitabine-Tenofovir Disoproxil Fumarate	Truvada®	Yes	Post-exposure prophylaxis (needle-stick injuries)	No
Raltegravir Potassium	lsentress®	No	Post-exposure prophylaxis (needle-stick injuries)	No



# Brand to generic index

Brand example(s)	Generic name	Medication group	Therapeutic use
Abilify	Aripiprazole	Antipsychotic	Depression; schizophrenia
AcipHex	Rabeprazole Sodium	Ulcer drug	Gastric ulcers; NSAID-induced ulcer prophylaxis
Advair	Fluticasone-Salmeterol	Antiasthmatics & bronchodilators	Asthma and COPD
Advil	lbuprofen	NSAID	Pain management
Aimovig	Erenumab-aooe	Migraine product	Headaches
AirDuo	Fluticasone-Salmeterol	Antiasthmatics & bronchodilators	Asthma and COPD
Aleve	Naproxen	NSAID	Pain management
Ambien, Ambien CR	Zolpidem Tartrate	Sleep aid	Insomnia
Amrix	Cyclobenzaprine HCI	Skeletal muscle relaxant	Muscle spasms
Aspercreme	Various Menthol, Diclofenac Sodium, Capsaicin, Lidocaine products	Topical analgesic/Anesthetic	Topical pain management
Aspirin	Aspirin	Non-narcotic analgesic	Pain management
Ativan	Lorazepam	Antianxiety agent	Anxiety
Augmentin	Amoxicillin & Potassium Clavulanate	Antibiotic	Various bacterial infections
Bactrim	Sulfamethoxazole-Trimethoprim	Antibiotic	Various bacterial infections
Belbuca	Buprenorphine	Opioid	Pain management
Bengay	Various Menthol, Lidocaine, Camphor, Methyl Salicylate products	Topical analgesic/Anesthetic	Topical pain management
Biofreeze	Menthol	Topical analgesic/Anesthetic	Topical pain management
Breyna	Budesonide-Formoterol Fumarate Dihydrate	Antiasthmatics & bronchodilators	Asthma and COPD
BuSpar	Buspirone HCI	Antianxiety agent	Anxiety
Butrans	Buprenorphine	Opioid	Pain management
Cambia	Diclofenac Potassium	NSAID	Pain management
Cataflam	Diclofenac Potassium	NSAID	Pain management
Celebrex	Celecoxib	NSAID	Pain management

Brand example(s)	Generic name	Medication group	Therapeutic use
Colace	Docusate Sodium	Laxative	Constipation
Combivent	Ipratropium-Albuterol	Antiasthmatics & bronchodilators	Asthma and COPD
Coreg	Carvedilol	Beta blocker	Various cardiovascular conditions, including high blood pressure
Cozaar	Losartan Potassium	Antihypertensive	Various cardiovascular conditions, including high blood pressure
Crestor	Rosuvastatin Calcium	Antihyperlipidemic	High cholesterol
Cymbalta	Duloxetine HCI	Antidepressant	Depression; chronic pain
Deltasone	Prednisone	Corticosteroid	Inflammation
Desyrel	Trazodone HCI	Antidepressant	Depression; insomnia
Diclona, Diclona+	Diclofenac Sodium-Lidocaine	Topical analgesic/Anesthetic	Topical pain management
Dilaudid	Hydromorphone HCI	Opioid	Pain management
Dolophine	Methadone HCI	Opioid	Pain management
Dulcolax	Docusate Sodium	Laxative	Constipation
Duragesic	Fentanyl	Opioid	Pain management
Effexor	Venlafaxine HCI	Antidepressant	Depression; neuropathic pain
Elavil	Amitriptyline HCI	Antidepressant	Depression; neuropathic pain
Eliquis	Apixaban	Anticoagulant	Postoperative prophylaxis for blood clots
Emgality	Galcanezumab-gnlm	Migraine product	Headaches
Exalgo	Hydromorphone HCI	Opioid	Pain management
Fexmid	Cyclobenzaprine HCI	Skeletal muscle relaxant	Muscle spasms
Flector	Diclofenac Epolamine	Topical analgesic/Anesthetic	Topical pain management
Fleqsuvy	Baclofen	Skeletal muscle relaxant	Muscle spasms
Flexeril	Cyclobenzaprine HCI	Skeletal muscle relaxant	Muscle spasms
Forfivo	Bupropion HCI	Antidepressant	Depression
Gralise	Gabapentin	Anticonvulsant	Neuropathic pain
Icy Hot	Various Menthol, Methyl Salicylate, Camphor, Capsaicin, Lidocaine products	Topical analgesic/Anesthetic	Topical pain management

Brand example(s)	Generic name	Medication group	Therapeutic use
Imitrex	Sumatriptan Succinate	Migraine product	Headaches
Inderal	Propranolol HCI	Beta blocker	Various cardiovascular conditions, including high blood pressure
Isentress	Raltegravir Potassium	Antiviral	Post-exposure prophylaxis (needle-stick injuries)
Keflex	Cephalexin	Antibiotic	Various bacterial infections
Klonopin	Clonazepam	Anticonvulsant	Anxiety; seizure disorders
Kloxxado	Naloxone HCI	Opioid antidote	Opioid overdose
Lasix	Furosemide	Diuretic	Various cardiovascular conditions, including high blood pressure
Lexapro	Escitalopram Oxalate	Antidepressant	Depression
Lidoderm	Lidocaine	Topical analgesic/Anesthetic	Topical pain management
LidoPro Ointment	Methyl Salicylate-Lidocaine- Menthol-Capsaicin	Topical analgesic/Anesthetic	Topical pain management
LidoPro Patch	Methyl Salicylate-Lidocaine- Menthol	Topical analgesic/Anesthetic	Topical pain management
Lidothol	Lidocaine-Menthol	Topical analgesic/Anesthetic	Topical pain management
Lipitor	Atorvastatin Calcium	Antihyperlipidemic	High cholesterol
Lodine	Etodolac	NSAID	Pain management
Lofena	Diclofenac Potassium	NSAID	Pain management
Lopressor	Metoprolol Tartrate	Beta blocker	Various cardiovascular conditions, including high blood pressure
Loreev XR	Lorazepam	Antianxiety agent	Anxiety
Lunesta	Eszopiclone	Sleep aid	Insomnia
Lyrica, Lyrica CR	Pregabalin	Anticonvulsant	Neuropathic pain
Lyvispah	Baclofen	Skeletal muscle relaxant	Muscle spasms
Medrol	Methylprednisolone	Corticosteroid	Inflammation
Methadose	Methadone HCI	Opioid	Pain management
Microzide	Hydrochlorothiazide	Diuretic	Various cardiovascular conditions including high blood pressure
MiraLAX	Polyethylene Glycol 3350	Laxative	Constipation
Mobic	Meloxicam	NSAID	Pain management

Brand example(s)	Generic name	Medication group	Therapeutic use
Motrin	lbuprofen	NSAID	Pain management
Movantik	Naloxegol Oxalate	Laxative	Opioid-induced constipation
MS IR, MS Contin	Morphine Sulfate	Opioid	Pain management
Naprelan	Naproxen	NSAID	Pain management
Naprosyn	Naproxen	NSAID	Pain management
Narcan	Naloxone HCI	Opioid antidote	Opioid overdose
Neurontin	Gabapentin	Anticonvulsant	Neuropathic pain
New Terocin	Capsaicin-Menthol-Salicylate	Topical analgesic/Anesthetic	Topical pain management
Nexium	Esomeprazole Magnesium	Ulcer drug	Gastric ulcers; NSAID-induced ulcer prophylaxis
Norco	Hydrocodone-Acetaminophen	Opioid	Pain management
Norvasc	Amlodipine Besylate	Calcium channel blocker	Various cardiovascular conditions, including high blood pressure
Nucynta, Nucynta ER	Tapentadol HCI	Opioid	Pain management
Nurtec	Rimegepant Sulfate	Migraine product	Headaches
Onzetra	Sumatriptan Succinate	Migraine product	Headaches
OxyContin	Oxycodone	Opioid	Pain management
Ozobax DS	Baclofen	Skeletal muscle relaxant	Muscle spasms
Pamelor	Nortriptyline HCI	Antidepressant	Depression; neuropathic pain
Pennsaid	Diclofenac Sodium	Topical analgesic/Anesthetic	Topical pain management
Pepcid	Famotidine	Ulcer drug	Gastric ulcers; NSAID-induced ulcer prophylaxis
Percocet	Oxycodone w/ Acetaminophen	Opioid	Pain management
Prevacid	Lansoprazole	Ulcer drug	Gastric ulcers; NSAID-induced ulcer prophylaxis
Prilosec	Omeprazole	Ulcer drug	Gastric ulcers; NSAID-induced ulcer prophylaxis
ProAir	Albuterol Sulfate	Antiasthmatics & bronchodilators	Asthma and COPD
Protonix	Pantoprazole Sodium	Ulcer drug	Gastric ulcers; NSAID-induced ulcer prophylaxis
Proventil	Albuterol Sulfate	Antiasthmatics & bronchodilators	Asthma and COPD

Brand example(s)	Generic name	Medication group	Therapeutic use
Prozac	Fluoxetine HCI	Antidepressant	Depression
Qudexy	Topiramate	Anticonvulsant	Seizure disorders; headaches; neuropathic pain
Qulipta	Atogepant	Migraine product	Headaches
Rayos	Prednisone	Corticosteroid	Inflammation
Relafen	Nabumetone	NSAID	Pain management
Relistor	Methylnaltrexone Bromide	Laxative	Opioid-induced constipation
Repatha	Evolocumab	Antihyperlipidemic	High cholesterol
Robaxin	Methocarbamol	Skeletal muscle relaxant	Muscle spasms
Roxicodone	Oxycodone	Opioid	Pain management
Senna S, Senexon-S	Sennosides-Docusate Sodium	Laxative	Constipation
Seroquel, Seroquel XR	Quetiapine Fumarate	Antipsychotic	Depression; schizophrenia
Singulair	Montelukast Sodium	Antiasthmatics & bronchodilators	Asthma and COPD
Skelaxin	Metaxalone	Skeletal muscle relaxant	Muscle spasms
Solaraze	Diclofenac Sodium	Topical analgesic/Anesthetic	Topical pain management
Soma	Carisoprodol	Skeletal muscle relaxant	Muscle spasms
Spiriva	Tiotropium Bromide Monohydrate	Antiasthmatics & bronchodilators	Asthma and COPD
Symbicort	Budesonide-Formoterol Fumarate Dihydrate	Antiasthmatics & bronchodilators	Asthma and COPD
Terocin	Lidocaine-Menthol	Topical analgesic/Anesthetic	Topical pain management
Tiger Balm	Various Menthol, Camphor, Methyl Salicylate products	Topical analgesic/Anesthetic	Topical pain management
Tivicay	Dolutegravir Sodium	Antiviral	Post-exposure prophylaxis (needle-stick injuries)
Topamax	Topiramate	Anticonvulsant	Seizure disorders; headaches; neuropathic pain
Toprol XL	Metoprolol Succinate	Beta blocker	Various cardiovascular conditions including high blood pressure
Toradol	Ketorolac Tromethamine	NSAID	Pain management

Brand example(s)	Generic name	Medication group	Therapeutic use
Trokendi	Topiramate	Anticonvulsant	Seizure disorders; headaches; neuropathic pain
Truvada	Emtricitabine-Tenofovir Disoproxil Fumarate	Antiviral	Post-exposure prophylaxis (needle-stick injuries)
Tylenol	Acetaminophen	Non-narcotic analgesic	Pain management
Tylenol w/ Codeine	Acetaminophen w/ Codeine	Opioid	Pain management
Ubrelvy	Ubrogepant	Migraine product	Headaches
Ultram	Tramadol HCI	Opioid	Pain management
Valium	Diazepam	Antianxiety agent	Anxiety
Ventolin	Albuterol Sulfate	Antiasthmatics & bronchodilators	Asthma and COPD
Vicodin	Hydrocodone-Acetaminophen	Opioid	Pain management
Vistaril	Hydroxyzine	Antianxiety agent	Anxiety
Vivlodex	Meloxicam	NSAID	Pain management
Voltaren Gel	Diclofenac Sodium	Topical analgesic/Anesthetic	Topical pain management
Voltaren-XR	Diclofenac Sodium	NSAID	Pain management
Wellbutrin	Bupropion HCI	Antidepressant	Depression
Wixela Inhub	Fluticasone-Salmeterol	Antiasthmatics & bronchodilators	Asthma and COPD
Xanax, Xanax XR	Alprazolam	Antianxiety agent	Anxiety
Xarelto	Rivaroxaban	Anticoagulant	Postoperative prophylaxis for blood clots
Xtampza	Oxycodone	Opioid	Pain management
Zanaflex	Tizanidine HCI	Skeletal muscle relaxant	Muscle spasms
Zembrace	Sumatriptan Succinate	Migraine product	Headaches
Zestril	Lisinopril	Antihypertensive	Various cardiovascular conditions, including high blood pressure
Zimhi	Naloxone HCI	Opioid antidote	Opioid overdose
Zipsor	Diclofenac Potassium	NSAID	Pain management
Zofran	Ondansetron	Antiemetic	Nausea & vomiting
Zoloft	Sertraline HCI	Antidepressant	Depression
ZTlido	Lidocaine	Topical analgesic/Anesthetic	Topical pain management

## **Glossary terms**

#### **Clinical definitions**

**Drug requiring prior authorization:** The medication that rejects and generates a prior authorization rejection.

**Therapeutic use:** Describes the most likely reason the medication is being used in the workers' compensation population. Includes the most used labeled (as approved by the U.S. Food and Drug Administration) and off-label indications in workers' compensation.

**Formulary:** A list of medications that do not require prior authorization. Conversely, it may be a list of medications that always require prior authorization. The development of a formulary is based on evaluations of efficacy, safety and cost-effectiveness of drugs.

**Intervention:** The act of contacting the prescriber to obtain more information and to determine if a different medication that is more cost-effective or therapeutically appropriate could be prescribed instead of the medication that requires a prior authorization. This includes determining which medications have been tried previously and the reason(s) they were discontinued.

**Prior authorization:** A review of a requested medication prior to dispensing. It is a feature used by insurance companies and other payers to help ensure the appropriate use of selected prescription drugs. Prior authorization programs are designed to prevent improper prescribing or use of certain drugs that may not be the best choice for a health condition. When a medication requires a prior authorization, it will reject at the point of sale. The rejection allows the claims professional time to review the medication and the patient's medical history before deciding whether to approve the medication or, in some cases, requesting that the MyMatrixx clinical team review the medication and medical history to perform an intervention.

#### GLOSSARY TERMS

#### MyMatrixx products and programs

**Clinical and Safety Evaluation Rx (CASE Rx):** An intervention tool used by MyMatrixx at the request of the claims professional. CASE Rx<sup>®</sup> is a prescriber clinical intervention program that aims to improve therapeutic outcomes by providing objective and evidence-based assessments of prescription drug use by injured patients. This systematic review process ensures a comprehensive assessment. The program's primary focus is to identify and correct potential medication errors. Additionally, CASE Rx identifies potentially inappropriate or inefficient use of medications. Lastly, specific recommendations are made for lower cost, yet equally effective alternatives when opportunities exist.

A teleconference with a treating provider and a MyMatrixx clinical pharmacist may be utilized to help drive implementation of the CASE Rx interventions.

**One Drug Review:** An intervention tool used by MyMatrixx at the request of the claims professional. The One Drug Review provides the prescriber with a more cost-effective or therapeutically appropriate drug that may be considered as an alternative to the medication in question, as well as the evidence-based clinical rationale to support the recommendation.

One Drug Review findings and recommendations are first sent to the prescriber's office via fax. The document requests that the prescriber respond as to whether he or she agrees, disagrees or will discuss alternative medications with the patient. The One Drug Review fax also provides a prescriber signature line and an area for the prescriber to comment.





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